## Appendix B Checklist for randomized clinical trial design

- 1 Selection description—clear portrayal of patients studied
- 2 Reject log-record of eligible population not accepted for the trial
- 3 Withdrawals—dropouts listed by diagnosis, treatment, and reason for withdrawal
- 4 Therapeutic regimens defined—includes timing, amount of daily therapies and all (additional) allowable therapies
- 5 Control regimen—placebo appearance and taste
- 6 Masking procedures
  - a Randomization masking—unpredictability of upcoming treatment assignment
  - b Masking of patients—therapy unidentified
  - c Masking of physicians—therapy unidentified
  - d Masking of physicians and patients—ongoing results of the trial are hidden
- 7 Testing procedures
  - a Sizing the study—prior estimate of number of patients required ( $\Delta$ , and risk levels  $\alpha$  and  $\beta$ )
  - b Distribution of pretreatment variables—known prognostic features by treatment category
  - $\it c$  Evaluation of masking—physicians and patients queried at the end of the study
  - d Compliance—objective methods of verifying conforming behaviour of patients and physicians
  - e Biological equivalent—attempt to measure therapeutic agent in its active form (after absorption or injection)
- 8 Statistical analysis
  - a Statistical significance of end points—both test statistic and observed probability stated
  - b  $\beta$  estimate—discussion of Type II error
  - c Statistical inference—confidence limits, lifetable or time-series analysis, regression analyses or correlations
- 9 Handling of withdrawals—convention adopted for withdrawals
- 10 Side effects—report and discuss side effects of therapies
- 11 Retrospective analyses—post hoc analysis of results in sub-groups with due caution concerning conclusion
- 12 Masking of statistician—presentation of data to analyst in coded form.

- 13 Problem of multiple looks—consider influence of multiple analyses of accumulating data
- 14 Supplementary data
  - a Dates of starting and stopping accessions
  - b Results of pre-randomization data analysis—evaluation of baseline comparability of study groups
  - c Tabulation of events employed as end-points for each treatment
- d Timing of events—event times (e.g. outcomes, withdrawals) given to permit construction of a plot of outcome against time (Compiled by Chalmers and co-workers)